

# MARCH 2019 MEMORY CARE UNIT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	2 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
3 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Card/Dice Games 6:30 Hymn Song	4 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	5 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	6 9:00 Morning News 9:30 Exercise 10:00 Making Cupcakes 11:00 Table Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Coloring <b>ASH WEDNESDAY</b>	7 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	8 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	9 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
10 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Card/Dice Games 6:30 Hymn Song <b>DAYLIGHT SAVING TIME BEGINS (Move clocks ahead 1 hour)</b>	11 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	12 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	13 9:00 Morning News 9:30 Exercise 10:00 Making Cupcakes 11:00 Table Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Coloring	14 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	15 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	16 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
17 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Card/Dice Games 6:30 Hymn Song <b>ST. PATRICK'S DAY</b>	18 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	19 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	20 9:00 Morning News 9:30 Exercise 10:00 Making Cupcakes 11:00 Table Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Coloring <b>FIRST DAY OF SPRING</b>	21 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	22 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	23 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
24 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Card/Dice Games 6:30 Hymn Song	25 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	26 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Music with Janet Leib 4:00 Bowling 6:30 Reminiscing/Trivia	27 9:00 Morning News 9:30 Exercise 10:00 Making Cupcakes 11:00 Table Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Coloring	28 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	29 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	30 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
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