

# March 2019

| Sunday   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   | Saturday   |
|--|---|--|--|--|--|--|
| *Mail Delivery<br>Monday-Saturday<br>*Activities Subject to Change   | LL Lower Level<br>FP Front Porch<br>Lib. Library<br>ADR Apartment Dining Room<br>FDR Family Dining Room<br>2FP 2 <sup>nd</sup> Floor Patio  | B Bird Room<br>A Activity Room<br>E Exercise Room<br>MOI. Molitore Room<br>HC1 2 <sup>nd</sup> Floor Nurses Station<br>HC2 2 <sup>nd</sup> Floor Nurses Station<br>3L 3 <sup>rd</sup> Floor Lounge |  |  | 1<br>9:30 30 Minute Exercise E<br>9:30 Walgreen's/Eagles<br>10:15 Euchre A<br>11:00 Noodle Ball HC2<br>1:30 Tyler's Exercise Class A<br>3:15 Lotto A<br>4:00 Mass in Chapel  | 2<br>9:30 30 Minute Exercise E<br>9:30 Mass in Chapel  |
| 3<br>9:30 Mass in Chapel<br>1:30 Worship in Chapel-Arbor<br>Oaks Bible Church  | 4<br>9:30 30 Minute Exercise E<br>9:00 Wal-Mart<br>10:15 Coloring FDR<br>11:00 Rosary A<br>11:15 Young at Heart E<br>1:30 Music with Older and Bolder A<br>3:15 Chicken Foot A<br>4:00 Mass in Chapel | 5<br>9:30 30 Minute Exercise E<br>9:30 Wii Bowling A<br>11:00 Exercise HC1<br>1:30 Bunco A<br>2:00 Popcorn Wagon<br>3:15 Bingo A<br>4:00 Mass in Chapel  | 6<br>9:30 30 Minute Exercise E<br>10:15 Resident Council<br>11:00 Balloon Ball HC1<br>11:15 Young at Heart E<br>1:30 Sing Along with Bev A<br>2:00 Bible Study MOL.<br>3:15 Toss Your Card A<br>4:00 Mass in Chapel<br>4:00 1:1 Pet Visits with Humane Society<br><br><b>Ash Wednesday</b> | 7<br>9:00 Nails and Tales BR<br>9:30 30 Minute Exercise E<br>9:30 Mass in Activity Room<br>11:00 Yahtzee A<br>3:15 What's Cooking: Leprechaun<br>Fluff A<br>4:00 Social Hour FDR   | 8<br>9:30 30 Minute Exercise E<br>9:00 Walgreen's/Eagles<br>10:15 Euchre A<br>11:00 St. Luke's Fabulous Fridays<br>Music and Sack Lunch<br>1:30 Tyler's Exercise Class A<br>3:15 JINGO A<br>4:00 Mass in Chapel  | 9<br>9:30 30 Minute Exercise E<br>9:30 Mass in Chapel  |
| 10<br>9:30 Mass in Chapel<br>1:30 Worship in Chapel-<br>Gracepoint Church<br><br><b>Daylight Saving Time Begins<br/>Turn Clocks Ahead 1 Hour</b> | 11<br>9:30 30 Minute Exercise E<br>9:00 Target/Hy-Vee<br>10:15 Coloring FDR<br>11:00 Rosary A<br>11:15 Young at Heart E<br>1:30 Music with Ernie A<br>3:15 Crazy 8's A<br>4:00 Mass in Chapel         | 12<br>9:30 30 Minute Exercise E<br>11:00 Exercise HC1<br>1:30 St. Patty's Day Craft A<br>2:00 Popcorn Wagon<br>3:15 Pot O' Gold Dice Game A<br>4:00 Mass in Chapel<br>5:00 Apt. Happy Hour LL      | 13<br>8:00 Out for Breakfast<br>9:30 30 Minute Exercise E<br>11:00 Fly Ball HC1<br>11:15 Young at Heart E<br>1:30 Music with Chris Ross A<br>2:00 Bible Study MOL.<br>4:00 Mass in Chapel  | 14<br>9:00 Nails and Tales BR<br>9:30 30 Minute Exercise E<br>10:00 Mass in Chapel with Divine<br>Word College<br>11:00 Exercise HC2<br>1:30 UNO A<br>3:15 Clover All Over Game A<br>4:00 Social Hour FDR                  | 15<br>9:30 30 Minute Exercise E<br>9:30 Walgreen's/Eagles<br>10:15 Euchre A<br>11:00 Truth or Blarney/St. Pat's<br>Hangman HC2<br>1:30 Tyler's Exercise Class A<br>3:00 Wellness Area Orientation E<br>3:15 St. Patrick's Day Social<br>(Shamrock Shakes) A<br>4:00 Mass in Chapel | 16<br>9:30 30 Minute Exercise E<br>9:30 Mass in Chapel |
| 17<br>9:30 Mass in Chapel<br>1:30 Worship and Communion in<br>Chapel-Westminster Presbyterian<br><br><b>St. Patrick's Day</b>                    | 18<br>9:30 30 Minute Exercise E<br>9:00 Wal-Mart<br>10:15 Coloring FDR<br>11:00 Rosary A<br>11:15 Young at Heart E<br>1:30 Bowling Dice Game A<br>3:15 VSO Bingo A<br>4:00 Mass in Chapel             | 19<br>9:30 30 Minute Exercise E<br>11:00 Exercise HC1<br>1:30 Dominoes A<br>2:00 Popcorn Wagon<br>3:15 Ice Cream Kickball A<br>4:00 Mass in Chapel<br>6:30 Music with Ron Lubbers ADR              | 20<br>9:30 30 Minute Exercise E<br>10:00 Gift Shop Cart (1:1)<br>11:00 Out for Lunch<br>11:15 Young at Heart E<br>2:00 Bible Study MOL.<br>3:15 Craft: Flying Spring Birds A<br>4:00 Mass in Chapel<br><br><b>First Day Of Spring</b>  | 21<br>9:00 Nails and Tales BR<br>9:30 30 Minute Exercise E<br>9:30 Mass in Activity Room<br>11:00 Exercise HC2<br>1:00 Blood Pressure Clinic ADR<br>1:30 Right Left Center A<br>3:15 Music Bingo A<br>4:00 Social Hour FDR | 22<br>9:30 30 Minute Exercise E<br>9:30 Hartig Drug<br>10:15 Euchre A<br>11:00 Balloon Ball HC2<br>1:30 Tyler's Exercise Class A<br>3:15 What's Cooking: Cream<br>Cheese Oreo Bars A<br>4:00 Mass in Chapel  | 23<br>9:30 30 Minute Exercise E<br>9:30 Mass in Chapel |
| 24<br>9:30 Mass in Chapel<br>1:30 Worship in Chapel- First<br>Presbyterian   | 25<br>9:30 30 Minute Exercise E<br>10:15 Ties of Hope (MOL)<br>11:00 Rosary A<br>11:15 Young at Heart E<br>1:30 Put and Take A<br>3:15 Bingo A<br>4:00 Mass in Chapel                                 | 26<br>9:30 30 Minute Exercise E<br>9:30 Wii Bowling A<br>11:00 Exercise HC1<br>1:30 Music with Janet Lieb A<br>2:00 Popcorn Wagon<br>3:15 Toss UP A<br>4:00 Mass in Chapel                         | 27<br>9:30 30 Minute Exercise E<br>10:00 Music and Massage (1:1)<br>11:00 Noodle Ball HC1<br>11:15 Young at Heart E<br>1:30 Sevens A<br>2:00 Bible Study MOL.<br>3:15 HC Happy Hour A<br>4:00 Mass in Chapel   | 28<br>9:00 Nails and Tales BR<br>9:30 30 Minute Exercise E<br>9:30 Mass in Activity Room<br>11:00 Exercise HC2<br>1:30 Chair Volleyball A<br>3:15 Birthday Party A<br>4:00 Social Hour FDR                                 | 29<br>9:30 30 Minute Exercise E<br>9:00 Walgreen's/Eagles<br>10:15 Euchre A<br>11:00 St. Luke's Fabulous Fridays<br>Music and Sack Lunch<br>1:30 Tyler's Exercise Class A<br>3:15 Sing Along with Amy Dolan A<br>4:00 Mass in Chapel   | 30<br>9:30 30 Minute Exercise E<br>9:30 Mass in Chapel |
| 31<br>9:30 Mass in Chapel<br>1:30 Worship in Chapel- TBD   |   |  |  |  |  |  |