

JANUARY 2019 MEMORY CARE UNIT

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	2 9:00 Morning News 9:30 Exercise 10:00 Making Cupcakes 11:00 Table Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Coloring	3 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	4 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	5 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
6 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Card/Dice Games 6:30 Hymn Song	7 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	8 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	9 9:00 Morning News 9:30 Exercise 10:00 Making Cupcakes 11:00 Table Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Coloring	10 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	11 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	12 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
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