

January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
B Bird Room A Activity Room E Exercise Room MOI. Molitore Room HC1 2 nd Floor Nurses Station HC2 2 nd Floor Nurses Station 3L 3 rd Floor Lounge	LL Lower Level FP Front Porch Lib. Library ADR Apartment Dining Room FDR Family Dining Room 2FP 2 nd Floor Patio	1 9:30 30 Minute Exercise E 1:30 Movie and Popcorn HC 1&2 New Year's Day	2 9:30 30 Minute Exercise E 10:15 Resident Council A 11:00 Noodle Ball HC1 11:15 Young at Heart E 1:30 Sing Along A 3:15 Yahtzee A	3 9:00 Nails and Tales BR 9:30 30 Minute Exercise E 9:30 Mass in Activity Room 11:00 Exercise with Tyler HC2 1:30 Apples to Apples A 3:15 Chair Volleyball A 4:00 Social Hour FDR	4 9:30 30 Minute Exercise E 9:30 Walgreen's/Eagles 10:15 Euchre A 11:00 Fly Ball HC2 1:30 Tyler's Exercise Class A 3:15 What's Cooking: Blueberry Muffins A	5 9:30 30 Minute Exercise E 9:30 1:1 Visits/Small Group Games 11:00 Easy Does It Trivia HC1 1:30 Sequence A 3:15 Sevens A
6 9:30 Mass in Chapel 1:30 Worship in Chapel- Arbor Oaks Bible Church	7 9:30 30 Minute Exercise E 10:15 Coloring FDR 10:15 Gift Shop Cart 11:00 Rosary A 11:15 Young at Heart E 1:30 Wal-Mart 1:30 Older and Bolder A 3:15 Take Down Tree A	8 8:00 Out for Breakfast 9:30 30 Minute Exercise E 9:30 Wii Bowling A 11:00 Exercise with Tyler HC1 1:30 Take Down Tree HC2 2:00 Popcorn Wagon 3:15 Bingo A	9 9:30 30 Minute Exercise E 10:00 Music and Massage (1:1) 11:00 Take Down Tree HC1 11:15 Young at Heart E 1:30 Put and Take A 3:15 NEW: Don't Burst My Bubble Game A	10 9:00 Nails and Tales BR 9:30 30 Minute Exercise E 10:00 Mass in Chapel with Divine Word College 11:00 Exercise with Tyler HC2 1:30 Crazy 8's A 3:15 Dominoes A 4:00 Social Hour FDR	11 9:30 30 Minute Exercise E 9:30 Walgreen's/Eagles 10:15 Euchre A 11:00 Balloon Ball HC2 1:30 Tyler's Exercise Class A 3:00 Wellness Area Orientation E 3:15 HC Happy Hour A	12 9:30 30 Minute Exercise E 9:30 1:1 Visits/Small Group Games 11:00 Finish The Line HC2 1:30 UNO A 3:15 Lotto A
13 9:30 Mass in Chapel 1:30 Worship in Chapel- Gracepoint Church	14 9:30 30 Minute Exercise E 10:15 Ties of Hope Mol. 10:15 Gift Shop Cart 11:00 Rosary A 11:15 Young at Heart E 1:30 Target/Hy-Vee 1:30 Chicken Foot A 3:15 Toss Up A	15 9:30 30 Minute Exercise E 9:30 Wii Bowling A 11:00 Exercise with Tyler HC1 1:30 Bowling A 2:00 Popcorn Wagon 3:15 Craft: Penguins A 6:30 Bingo	16 9:30 30 Minute Exercise E 10:00 Leisure Cart (1:1) 11:00 Fly Ball HC1 11:15 Young at Heart E 1:30 Music with Chris Ross A 3:15 Right Left Center A	17 9:00 Nails and Tales BR 9:30 30 Minute Exercise E 9:30 Mass in Activity Room 11:00 Exercise with Tyler HC2 1:00 Blood Pressure Clinic ADR 1:30 Horse Races A 3:15 Toss Up A 4:00 Social Hour FDR	18 9:30 30 Minute Exercise E 9:30 Walgreen's/Eagles 10:15 Euchre A 11:00 St. Luke's Fabulous Fridays Music and Sack Lunch 1:30 Tyler's Exercise Class A 3:15 Ice Cream Ball A	19 9:30 30 Minute Exercise E 9:30 1:1 Visits/Small Group Games 11:00 NEW: Balloon Exercises HC1 1:30 Bunco A 3:15 Music Bingo A
20 9:30 Mass in Chapel 1:30 Worship and Communion in Chapel- Westminster Presbyterian	21 9:30 30 Minute Exercise E 10:15 Coloring FDR 10:15 Gift Shop Cart 11:00 Rosary A 11:15 Young at Heart E 1:30 VSO Meeting 3:15 VSO Bingo A Martin Luther King Jr. Day	22 9:30 30 Minute Exercise E 9:30 Wii Bowling A 11:00 Exercise with Tyler HC1 1:30 Eat, Wear, Or Drive Trivia A 2:00 Popcorn Wagon 3:15 What's Cooking: Rice Krispy Treats A	23 9:30 30 Minute Exercise E 10:00 Music and Massage (1:1) 11:00 Out for Lunch 11:15 Young at Heart E 3:15 JINGO A	24 9:00 Nails and Tales BR 9:30 30 Minute Exercise E 9:30 Mass in Activity Room 11:00 Exercise with Tyler HC2 1:30 Play 9 A 3:15 Yahtzee A 4:00 Social Hour FDR	25 9:30 30 Minute Exercise E 9:30 Hartig Drug 10:15 Euchre A 11:00 Noodle Ball HC2 1:30 Tyler's Exercise Class A 3:00 Wellness Area Orientation E 3:15 Sing Along with Amy Dolan A	26 9:30 30 Minute Exercise E 9:30 1:1 Visits/Small Group Games 11:00 Name 10 HC2 1:30 Bowling Dice Game A 3:15 Toss Your Card A
27 9:30 Mass in Chapel 1:30 Worship in Chapel- First Presbyterian	28 9:30 30 Minute Exercise E 10:15 Ties of Hope Mol. 10:15 Gift Shop Cart 11:00 Rosary A 11:15 Young at Heart E 1:30 Wal-Mart 1:30 Table Balloon Ball A 3:15 Birthday Party A	29 9:30 30 Minute Exercise E 9:30 Wii Bowling A 11:00 Exercise with Tyler HC1 1:30 Music with Janet Leib A 2:00 Popcorn Wagon 3:15 Golf A 5:00 Apt. Happy Hour	30 9:30 30 Minute Exercise E 10:00 Leisure Cart (1:1) 11:00 Balloon Ball HC1 11:15 Young at Heart E 1:30 Chair Volleyball A 3:15 Craft: Nordic Mittens A	31 9:00 Nails and Tales BR 9:30 30 Minute Exercise E 9:30 Mass in Activity Room 11:00 Exercise with Tyler HC2 12:00 Happy Joes Dine-In A 3:15 Bingo A 4:00 Social Hour FDR		*Mail Delivery *Monday-Saturday *Activities Subject to Change