

December 2018 Memory Care Unit

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Morning News 9:30 Exercise 10:30 Music with Janet Leib 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
2 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song	3 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	4 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	5 9:00 Morning News 9:30 Exercise 10:00 Table Ball 11:00 Bingo 2:30 Exercise with Tyler 4:00 Sittersize 6:30 Coloring	6 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	7 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	8 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
9 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song	10 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	11 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	12 9:00 Morning News 9:30 Exercise 10:00 Table Ball 11:00 Bingo 2:30 Exercise with Tyler 4:00 Sittersize 6:30 Coloring	13 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	14 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	15 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
16 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song	17 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	18 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Sing Along 2:30 Walking Club 4:00 Bowling 6:30 Reminiscing/Trivia	19 9:00 Morning News 9:30 Exercise 10:00 Table Ball 11:00 Bingo 2:30 Exercise with Tyler 4:00 Sittersize 6:30 Coloring	20 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	21 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games First Day of Winter	22 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
23 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song	24 9:00 Morning News 9:30 Exercise 10:00 Decorating Sugar Cookies 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bowling 6:30 Music and Massage	25 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Christmas Sing Along 2:30 Walking Club 4:00 12 Days of Christmas Bingo 6:30 Reminiscing/Trivia Christmas Day	26 9:00 Morning News 9:30 Exercise 10:00 Table Ball 11:00 Bingo 2:30 Exercise with Tyler 4:00 Sittersize 6:30 Coloring	27 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Chair Volleyball 2:30 Walking Club 4:00 Sing Along 6:30 Flower Arrangements	28 9:00 Morning News 9:30 Exercise 10:00 Bingo 11:00 Arts and Crafts 2:30 Walking Club 3:15 Noodle Ball 6:30 Board/Card Games	29 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Balloon Ball 6:30 Lawrence Welk
30 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song	31 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Fly Ball 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage New Year's Eve					