





Dear Bethany Home Community,

As we step into 2025, I hope this year brings joy, health, and fulfillment to all. The new year is always a time for reflection and growth, and at Bethany Home, we are committed to continuing to provide exceptional care and fostering a community where everyone feels at home.

January also marks the time when we set new goals and embrace new opportunities. At Bethany Home, we are exploring innovative ways to enhance the lives of our residents and create meaningful connections within our community. From engaging activities to personalized care plans, we are committed to making 2025 a year of enrichment for everyone we serve.

To our residents and their families, thank you for trusting us to be a part of your journey. To our dedicated staff, thank you for your tireless efforts and unwavering compassion. Together, we continue to build a place where love, care, and community thrive.

Wishing you all a warm and wonderful start to the year, Sue Westmark, RN, BSN-LNHA Administrator Phone: 563-556-5233

A Antivity Boom		* All porticipanto pro	wednesday	Inursday		saturday
A Activity Room E Exercise Room	3L 3 rd Floor Lounge LL Lincoln Lounge	*All participants are encouraged to wear a mask. *	1 2 nd Floor:	2 10:15 Mass C	3 9 AM Shopping (Wal- Mart)	4 2 nd Floor:
Mol. Molitore Room	FP Front Porch	*Activities subject to change.*	Independent Activities at Nurses	2 nd Floor:	2 nd Floor: 11:00 Bunco A	11:00 Boss Toss HC1
HC1 2 nd Floor Nurses Station	ADR Apartment Dining Room		Stations	11:00 Chair Exercise HC2	1:30 Take Tree Down HC 1/2	1:30 Sing Along A
HC2 2 nd Floor Nurses Station	FR Family Dining Room	*Mail Delivery*	Apt. 9:30 Exercise E	1:30 Take Tree Down A	3:15 Root Beer Float Social A	Apt. 9:30 Exercise E
c cnaper	(Patio)	Ivionday-saturday	11:00 Young at Heart E	Apt: 9:30 Exercise E	Apr: 9:50 exercise e 10:15 Mass	1:30 Movie 3FL
			3:30 Rosary C	10:30 Euchre 3FL	11:00 Body & Soul Exercise E	
			4:00 Happy Hour LL New Year's Day	3:30 Rosary C	1:30 Ice Cream Cart 1:30 Wii Bowling E	
5 10:15 Mass	6 10:00 Mass with Divine	7 Popcorn	8 2:00 Music with	9 10:15 Mass	10 9 AM Shopping (Wal-Mart)	11
C					Fo	2 nd Floor:
2 nd Floor:	2 nd Floor:	2 nd Floor:	2 nd Floor:	2 nd Floor:	12:00 Happy Joes Dine-In A	11:00 Noodle Ball HC1
1:30 Jingo A	11:00 Music with Lou A	1:30 Rosary A	11:30 Wacky Wednesday HC2	1:30 Right Left Center A	3:15 Music with John A	Ant. 9:30 Exercise F
Apt.	3:00 Bingo A	3:15 Science Experiments A	Apt. 9:30 Exercise E	3:00 Cooking Demo: Cream	Apt: 9:30 Exercise E	11:00 Rosary C
9:30 Livestreaming with	Apt.9:30 Exercise E	Apt:	10:15 Mass C	Cheese and Veggie Bagel Spread	10:15 Mass	1:30 Movie 3FL
Westminster Presbyterian Mol.	11:00 Young at Heart E	9:30 Shopping at Walgreens	11:00 Young at Heart E	A	11:00 Body & Soul Exercise E	
TT:00 HODBITY C		10:30 Euchre 3FL	4:00 Happy Hour LL	10:30 Euchre 3FL	1:30 Wii Bowling E	
		1:30 Bingo 3FL 3:30 Rosary C		3:30 Rosary C	3:30 Rosary C	
12	13 10:00 Mass with Divine	14 Popcorn	15 and Floorer	16 10:15 Mass	17 9 AM Shopping (Wal-Mart)	18
9:30 Livestreaming with	2nd Floor:	2:00 HandPickd Floral	11:00 Winter Word Game HC2	2:00 Music with Chris Ross ADR	Music and Sack Lunch	11:00 Trivia and Jokes HC1
Westminster Presbyterian Mol.	8:30 Gift Shop Cart	Workshop Location TBD	1:30 Roll A Snowman Dice Game	2 nd Floor:	2 nd Floor: 11:00 Bunco A	1:30 Music Bingo A
10:15 Mass with Fr. Mescher C	11:00 Balloon Ball HC1	2nd Floor:	A 3:15 Toss Vour Card A	11:00 Chair Exercise HC2	1:30 Horse Races A 3:15 Penguin Spoon Craft A	Apt. 9:30 Exercise E
1:30 Worship with Arbor Oaks	Apt.9:30 Exercise E	1:30 Rosary A	Apt. 9:30 Exercise E	10:30 Euchre 3FL	Apt: 9:30 Exercise E	1:30 Movie 3FL
Bible Church C	10:30 Nails & Tales 3L 11:00 Young at Heart E	3:15 Are you Smarter Than a 5 th Grader A	10:15 Mass C 11:00 Young at Heart E	3:30 Rosary C 6:30 Dollar Bingo 3FL	10:15 Mass 11:00 Body & Soul Exercise E	
	3:30 Rosary C	Apt:	1:15 Divine Word College		1:30 Wii Bowling E	
		9:30 Exercise E 10:30 Euchre 3FL 3:30 Rosary C	4:00 Happy Hour LL			
19 10:15 Mass C	20 10:00 Mass with Divine Word College C	21 Popcorn Wagon	22 2nd Floor:	23 10:15 Mass C	24 9 AM Shopping (<i>Wal-Mart</i>) 2:00 Music with Older and Bolder	25 2 nd Floor:
1:30 Worship w/ Westminster	2:00 Music with Becky ADR	2nd Floor:	11:00 Trivia and Word Games A	2nd Floor:	ADR	11:00 Parachute/Beanbag
2 nd Floor:	8:30 Gift Shop Cart	1:30 Rosary A	3:00 Bingo A	1:30 Put and Take A	Apt: 9:30 Exercise E	1:30 Move and Popcorn A
11:15 Trivia and Jokes HC2 Apt.	11:00 Balloon Ball HC2 Apt.9:30 Exercise E	3:15 Ice Cream Ball A Apt:	Apt. 9:30 Exercise E 10:15 Mass C	3:15 Cooking Demo: Cherry Cheesecake Dip A	10:15 Mass 11:00 Body & Soul Exercise E	Apt. 9:30 Exercise E 11:00 Rosary C
9:30 Livestreaming with Westminster Presbyterian Mol.	11:00 Young at Heart E 3:30 Rosary C	9:30 Shopping at Dollar Tree and Fareway	11:00 Young at Heart E 1:00 Resident Council Mol.	Apt: 9:30 Exercise E 10:30 Euchre 3FL	1:30 Wii Bowling E 3:30 Rosary C	1:30 Movie 3FL
11:00 Rosary C	Martin Luther King, Jr. Day	9:30 Exercise E	3:30 Rosary C	12:00 Happy Joe's Dine-In 3FL		
		10:30 Euchre 3FL 1:30 Bingo 3FL 3:30 Rosary C	4:00 Happy Hour LL	3:30 Rosary C	 3 3 4 4 5 4 5 4 5 5 6 6 7 7	
26 Apt.	27 10:00 Mass with Divine Word College C	28 Popcorn Wagon	29 2 nd Floor:	30 10:15 Mass C	31 9 AM Shopping (Wal-Mart) 11:15 St. Lukes Fabulous Fridays	
9:30 Livestreaming with Westminster Presbyterian Mol.	2:00 Music with Janet ADK 2nd Floor:	2 nd Floor: 11:00 Chair Exercise HC1	11:00 Winter Word Game HC1 11:30 Wackv Wednesdav HC2	2 nd Floor: 11:00 Chair Exercise HC2	Music and Sack Lunch 2 nd Floor: 11:00 Bunco A	
10:15 Mass with Fr. Mescher C	8:30 Gift Shop Cart 11:00 Beanbag Toss HC1	1:30 Rosary A	1:30 Sevens A	1:30 Toss Up A	1:30 Giant Kickball/Ring Toss A	
11:00 Rosary C	Apt.9:30 Exercise E 10:30 Nails & Tales 3L	s:15 Birthday Party A Apt:	Stor Bingo A Apt. 9:30 Exercise E	Apt: 9:30 Exercise E	3:10 Sing Along A Apt: 9:30 Exercise E	THE PARTY
	5:30 After Dinner Drinke: Hennin	9:30 Exercise E 10:30 Euchre 3FL	10:15 Mass C 11:00 Young at Heart E	10:30 Euchre 3FL 3:30 Rosary C	10:15 Mass 11:00 Body & Soul Exercise E	k
	Hot Scotch LL	1:30 Bingo SFL 3:30 Rosarv C	3:30 Kosary C 4:00 Happy Hour LL		1:30 WII BOWIING E	

JANUARY 2025 IN THIS ISSUE

A Note From Your Administrator

Birthdays and Anniversaries

Joke of the Month

This Month at Bethany

Care Conference Schedule

Calendar



Birthdays & CAnniversaries



This Month at Bethany Home

JANUARY RESIDENT BIRTHDAYS



Shirley McCullough – January 2 Patsy Swailes – January 5 Norma Jean Kirpes - January 7 Doug Miller – January 8 Jake Welu – January 10 Mike Elliot – January 21 Vi Elliot – January 21 Beverly Tippe – January 23 Doris Tomter - January 24 Dennis Gottschalk - January 26 Rachel Avenarius - January 28

JANUARY STAFF BIRTHDAYS

Rebecca Latham – January 3 Rob Bauer – January 9 Yareli Gonzalez – January 12 Lil Dryer – January 13 Carissa Downs – January 15 Bonnie Gutierrez – January 22 Amari Gatlin - January 25 Erin Vanderheyden – January 25 Leah Dennis – January 26 Stephanie Lohberg – January 27 Amber Hillery - January 28 Kathleen Gaerthier - January 31

JANUARY STAFF EMPLOYMENT ANNIVERSARIES

Karly Cerda – January 3 (2 years) Amber Hillery - January 4 (4 years) Shane Vargas – January 10 (3 years) Kathy Payne – January 14 (7 years) Joann Pregler – January 17 (3 years) Isaiah Wemmer – January 25 (1 year) Maggie Gall – January 25 (2 years) Natalie Breen - January 26 (4 years) Jake Harle – January 31 (11 years)

JANUARY WEDDING **ANNIVERSARIES**

Bob and Joan Valentine January 7



David Spoerl Joan Sutherland James "Jim" Birch **Gerald Jecklin** Gerald "Jerry" Beaver



Why shouldn't you kiss someone on January 1st?

Because it's the first date.

GIFT SHOP

We have cards, snacks, pop, and a few toiletry items for sale.

Bethany Home apparel and koozies are also available. The receptionist would be happy to help you at any time if you would like to look or purchase anything.



- Norm & Helen Heim cards for gift shop.
- Medline for cards for the residents.
- Westminster Presbyterian for homemade Christmas cookies for the residents.
- Susan H. Butler Ritts, Mr. & Mrs. Tim Butler, Carolyn Haupert, Cottingham & Butler, Jack & Barbara Smeltzer, Tim Voigts, Ken & Marlene Tekippe
- Greg Gottschalk in Honor of Dennis Gottschalk

OUTINGS AND SPECIAL EVENTS

- January 1: New Year's Day!
- January 7: 9:30 AM Shopping at Walgreens (Apartment Residents)
- January 10: 12 PM Dine-In: Happy Joe's (Healthcare Residents)
- January 14: 2 PM Floral Workshop with HandPickd (Cost is \$25. Sign up with Receptionist. Max. 20 people.)
- January 15: 1:15 PM Divine Word College (Apartment Residents)
- January 17: 11:15 AM St. Luke's Fabulous Fridays Music & Sack Lunch
- January 20: Martin Luther King Day
- January 21: 9:30 AM Shopping at Dollar Tree & Fareway (Apartment Residents)
- January 23: 12 PM Dine-In: Happy Joe's (Apartment Residents)
- January 31: 11:15 AM St. Luke's Fabulous Fridays Music and Sack Lunch

With Deepest Sympathy

Our Sincere Sympathy to the Family and Friends of:

Ardelle Rupp Mary Butler

DONATIONS IN MEMORY OF:

Marilyn Conklin, Mike & Sue Westmark, Paul & Carole Porter in Memory of Mark Thetford

Sharon Snitker in Memory of Roger Stock

David & Amy Becker in Memory of Carol Becker

Mary Klaas in Memory of John Richard Klaas

Dennis & Ann Tressel in Memory of Norbert & Mildred Tressel

Julie Kruser in Memory of Pat & Rita Kruser

Glinda Manternach in Memory of Geneva Hovey

Kevin McFarlane in Memory of Bill & Barb Kruse

Gene & Janet Hayertz in Memory of Edith Friedman & Leona Hayertz

Delores Deitrick in Memory of Shirley Strub-Baker

Sandra Stepanek in Memory of Cleo Farguar

CARE **CONFERENCE SCHEDULE**

The Care Conference helps the "care team" - everyone involved in the resident's care - share information and work together to design the Care Plan. Meetings are Thursday afternoons located in the Molitore Room on first floor beginning at 1 p.m. held in 20minute sessions. Please contact Joan Hoerner at 563-556-5233 (ext. 213) to schedule a time to join in on the conference.

> January 2 218-M.J.T. 217-L.H. 234-M.J.W. 213-M.K. 226-G.B. 202-B.S. 205-V.S.

> > January 9 M-1-A.H. 251-E.M. 236-M.B. 242-C.A. 222-R.B. M-7-D.B. 203-B.B.

January 16 M-11-R.A. 223-D.S. M-3-J.S. M-12-J.T. 224-E.M. 228-M.M. M-10-C.L.

January 23 229-B.V. 241-J.R. 211-W.S. 212-L.S. 201-S.M. 245-L.G.

January 30 No Care Conference