

# Memory Care Unit September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Board Games 6:30 Lawrence Welk
2 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song	3 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Sing Along 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage <b>Labor Day</b>	4 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Patio Fun 2:30 Walking Club 4:00 Noodle Ball 6:30 Reminiscing/Trivia	5 9:00 Morning News 9:30 Exercise 10:00 Music Bingo 11:00 Arts and Crafts 2:30 Exercise with Tyler 4:00 Sittersize 6:30 Coloring	6 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Fun with Bubbles/Outside 2:30 Walking Club 4:00 Chair Volleyball 6:30 Flower Arrangements	7 9:00 Morning News 9:30 Exercise 10:00 Popsicles and Puns on the Patio 11:00 Sing Along 2:30 Walking Club 4:00 Balloon Ball 6:30 Staff's Pick	8 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Board Games 6:30 Lawrence Welk
9 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song <b>Grandparent's Day</b>	10 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Sing Along 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	11 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Patio Fun 2:30 Walking Club 4:00 Noodle Ball 6:30 Reminiscing/Trivia	12 9:00 Morning News 9:30 Exercise 10:00 Music Bingo 11:00 Arts and Crafts 2:30 Exercise with Tyler 4:00 Sittersize 6:30 Coloring	13 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Fun with Bubbles/Outside 2:30 Walking Club 4:00 Chair Volleyball 6:30 Flower Arrangements	14 9:00 Morning News 9:30 Exercise 10:00 Popsicles and Puns on the Patio 11:00 Sing Along 2:30 Walking Club 4:00 Balloon Ball 6:30 Staff's Pick	15 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Board Games 6:30 Lawrence Welk
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23/30 9:00 Morning News 9:30 Exercise 10:00 Rosary/Lord's Prayer 11:00 Sit Down Dancing 2:30 Walking Club 4:00 Leisure Time 6:30 Hymn Song <b>23<sup>rd</sup>-First Day of Autumn</b>	24 9:00 Morning News 9:30 Exercise 10:00 Ice Cream Kickball 11:00 Sing Along 2:30 Exercise with Tyler 4:00 Bingo 6:30 Music and Massage	25 9:00 Morning News 9:30 Exercise 10:00 Coffee Talk 11:00 Patio Fun 2:30 Walking Club 4:00 Noodle Ball 6:30 Reminiscing/Trivia	26 9:00 Morning News 9:30 Exercise 10:00 Music Bingo 11:00 Arts and Crafts 2:30 Exercise with Tyler 4:00 Sittersize 6:30 Coloring	27 9:00 Morning News 9:30 Exercise 10:00 Nails and Tales 11:00 Fun with Bubbles/Outside 2:30 Walking Club 4:00 Chair Volleyball 6:30 Flower Arrangements	28 9:00 Morning News 9:30 Exercise 10:00 Popsicles and Puns on the Patio 11:00 Sing Along 2:30 Walking Club 4:00 Balloon Ball 6:30 Staff's Pick	29 9:00 Morning News 9:30 Exercise 10:00 Beanbag Toss 11:00 Mix N' Match 2:30 Walking Club 4:00 Board Games 6:30 Lawrence Welk